

M. B. S. P. Mandala's

Arts and Commerce College, Mayani

Tal. Khatav Dist. Satara

Certificate Course in Beauty Parlour and Health Care

Academic Year: 2021-22



Syllabus

Unit -

1. Personality and Importance of Beauty
2. Health and Overall Cleanliness
3. Types of Skin and Hair and Taking Care
4. Types and Uses of Cosmetics
5. Making Homemade Ayurvedic Cosmetics
6. Personality Development: Food, Sleep
7. Practicals:
 - a. Cleanzing, toning, moisturizing, steaming, scrubbing, nourishing, facial etc.
 - b. Threading, Plucking, Tweezing, Waxing, Bleaching
 - c. Caring of Hands: Manicure, Caring of Legs: Pedicure
 - d. Saree draping: six types
 - e. Hair Styles: Twelve types
 - f. Shampoo, Conditioning, Heena due, Chemical dye, Head Massage
 - g. Mentally and Physically Stressfree Life

[Signature]

Co-ordinator



[Signature]
Principal
Arts and Commerce College, Mayani.
Tal. Khatav, Dist. Satara. (M.S.) - 415 102



Reference Books:

1. Maya Paranjape: Beauty Practice Part: 1 and 2
2. Maya Paranjape: How to Run a Parlour
3. Blossom Kocchar: Beauty Practice
4. Maya Paranjape: Hair Style
5. Parvesh Handa: Herbal Beauty Care
6. Sindhu Dokas: Cosmetics
7. Indumati Paigambar: Rupnirmiti
8. Shehanaj Husen: Shehanaj Husen Beautybook
9. Dr. Subhash Bhandari: The Question: Beauty, The Answer: Naturopathy.
10. Blossom Kocchar: Our Beauty and it's Care.

V. K. K. S.
Co-ordinator

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कला व वाणिज्य महाविद्यालय, मायणी
ता. खटाव जि. सातारा



सूचना

दिनांक. 9.12.2021

महाविद्यालयातील सर्व विद्यार्थिनींना कळविण्यात येते की आपल्या महाविद्यालयात 'Certificate Course in Beauty Parlour and Health Care' अभ्यासक्रमासाठी मंजूरी मिळाली आहे. तरी ज्या विद्यार्थिनींना प्रवेश घ्यावयाचा असेल त्यांनी प्रा. डॉ. विजया कदम यांचेकडे संपर्क साधावा.

V. K. D.
Co-ordinator



Dr. Vijaya Kadam
प्राचार्य,
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